

PLEASE RETURN THIS FORM TO YOUR SCHOOL OR ORGANIZATION PRIOR TO THE TRIP

**THE MOUNTAIN WORKSHOP**  
A division of Hawke Mountain Ventures, LLC  
School Outdoor Programs

**FOR ALL ATTENDING STUDENTS**  
Please complete both sides, including  
signatures of parent or guardian

**PARENTAL PERMISSION AND RELEASE**

**Ref: Browning Gr12 F15**

This form is required for participation in a Mountain Workshop program.

Organization The Browning School Start Date: 09/11/15 End Date: 09/11/15

Program Location: Mountain Lakes Camp

Participant's Name \_\_\_\_\_ Grade \_\_\_\_\_ Age \_\_\_\_\_

Parents or Guardian \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone (Home) \_\_\_\_\_ Phone (Cell) \_\_\_\_\_ Phone (Work) \_\_\_\_\_

Email Address \_\_\_\_\_

If not available in an emergency notify: \_\_\_\_\_

Phone (Home) \_\_\_\_\_ Phone (Cell) \_\_\_\_\_ Phone (Work) \_\_\_\_\_

Your Medical carrier \_\_\_\_\_ Policy # \_\_\_\_\_ Date Med. Exam \_\_\_\_\_

We believe young people seek adventure. The Mountain Workshop provides opportunities for exploring new activities in a structured manner. Risk management is an essential element of the activities we offer, and we observe standard precautions. We conduct our programs according to practices and procedures recommended by professional organizations in the field of Outdoor Education. Our risk management program includes specific criteria for staff selection, training, written policies and procedures, and supervision and review of practices. While we anticipate our professional supervision will ensure the well being of each camper, we are also aware it is neither possible to foresee every contingency nor to eliminate all risk.

**PARENT/GUARDIAN RELEASE**

I understand that The Mountain Workshop activities occur in diverse terrain and weather conditions. I authorize my son/daughter to participate fully in all of The Mountain Workshop activities. These activities include, but are not limited to backpacking, hiking, canoeing, kayaking, caving, rock climbing, rappelling, swimming, rafting and tubing. All of these are physical activities that involve risk of personal injury.

I understand that The Mountain Workshop cannot safeguard against all such injuries, and I expressly agree to assume such risk and waive and release The Mountain Workshop, its officers, agents, employees, third parties and any federal, state or local agencies which have jurisdiction over lands or properties upon which The Mountain Workshop programs operate, from any claim of liability, including negligence, except gross neglect, of The Mountain Workshop for any loss, damage, or injury incurred during the program(s) for which my son/daughter is applying and I attest that my son/daughter is enthusiastic about participating. TMW may use photo and video footage for promotional material from your program, and retains all rights for use of material.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

**THE MOUNTAIN WORKSHOP**  
35 Miry Brook Road  
Danbury, CT 06810  
203-797-1435 phone  
203-797-1436 fax  
[www.mountainworkshop.com](http://www.mountainworkshop.com)

In case of Medical Emergency, I understand that every reasonable effort will be made to contact the parent or guardian of this child. In the event I cannot be reached, or if the attending physician or health care provider believes that immediate medical care without delay is required or appropriate, I hereby give permission to the physician or health care provider selected by The Mountain Workshop trip leader to secure medical treatment, hospitalization, secure anesthesia, and/or to order or consent to injection, surgery or medication for my child named above. I understand that The Mountain Workshop and any such health care provider will be relying on my completing and signing this form.

PARTICIPANT'S NAME (please print) \_\_\_\_\_

Yes \_\_\_ No \_\_\_ Will your child be using or carrying any prescription drugs? If yes, please explain.

\_\_\_\_\_

Yes \_\_\_ No \_\_\_ Does your child have any allergies (medications, food, bees, etc.)? If yes, please explain.

\_\_\_\_\_

Does your child have any condition now requiring medical attention or regular medication? If yes, please explain.

\_\_\_\_\_

Does your child have any condition restricting his/her activity? If yes, please explain.

\_\_\_\_\_

Is there anything else we should know about your child to better serve him/her and the entire group?

\_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_

**Other Mountain Workshop Program Information?**

Do you want to receive our summer youth program brochure? \_\_\_\_\_ Yes \_\_\_\_\_ No

Do you want to be added to our E-MAILING LIST? \_\_\_\_\_ Yes \_\_\_\_\_ No

I would also like information regarding \_\_\_\_\_ Corporate Programs \_\_\_\_\_ School Programs

**THE MOUNTAIN WORKSHOP**

35 Miry Brook Road  
Danbury, CT 06810  
Phone 203-797-1435  
Fax 203-797-1436

www.mountainworkshop.com

**PLEASE RETURN THIS COMPLETED FORM TO YOUR SCHOOL PRIOR TO THE TRIP DATE.**



## **The Mountain Workshop**

A Division of Hawke Mountain Ventures, LLC  
35 Miry Brook Rd  
Danbury, CT. 06810  
Phone: 203-797-1435  
Fax: 203-797-1436

## **CLOTHING & EQUIPMENT REQUIREMENTS:**

### **For all participants:**

### **CLOTHING**

- Dress appropriately for the weather in old unvalued clothes (clothing can get very dirty/muddy!).
- Wear loose fitting, comfortable clothes. We'll be outside all day, so dress warmer than normal.
- Wear sneakers or lightweight hiking boots. (All shoes must be close-toed)
- If doing water-based activities wear shoes that can get totally wet. (No flip flops/crocs)

#### **Make sure you bring the following items:**

- Daypack or book bag to hold lunch and all your gear
- Complete extra change of clothes (Incase you get wet)
- Jacket
- Towel
- Sunscreen and bug repellent
- Large garbage bag to hold any wet clothes
- Rain gear
- Eyeglass retainer, if you wear glasses

### **FOOD**

- Bring a hearty, bagged lunch, including beverages
- Two refillable one-quart water bottles

#### **Please DO NOT bring**

- Ipod/MP3 Player
- Cell Phone/other electronics (can get wet or damaged)
- Lighters/Matches/Knives